



## Sun Care Policy

Spice Childcare is committed to ensuring that all children are fully protected from the dangers of too much sun. Severe sunburn in childhood can lead to the development of malignant melanoma (the most dangerous type of skin cancer) in later life.

The following guidelines are for the prevention and care of children in the sun:

- Children must have a clearly named sun hat which will be worn at all times whilst outside in sunny weather.
- Children must have their own sun cream named and dated with prior written consent for staff to apply.
- Children need light-weight cotton clothing suitable for the sun, with long sleeves and long legs if prone to sunburn.
- Children will not be out in the sun between 11.15am – 2.15pm on hot days.
- Children will always have sun cream applied before going outside in the sun and at frequent intervals during the day.
- Children are offered cooled water more frequently throughout sunny or warm days.
- Children are made aware of the need for sunhats, sun cream and the need to drink more fluids during their time in the sun.
- Staff will make day-to-day decisions about the length of time spent outside dependant on the strength of the sun.
- Shade will be provided in the form of a gazebo to ensure children are able to cool down or escape the sun should they wish or need to.
- Parents of children with Asian and black skin colouring should be aware that these skin types can be very tolerant to sunshine. However it is important to remember that burning can still occur if living in Britain.

Internal use only

<b>This policy was adopted on</b>	
<b>Signed on behalf of Spice Childcare</b>	
<b>Date for review</b>	